

Dr Brett Gibbens

BSc(hons) MChiro DC CCEP MBCA MGCC

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CHIROPRACTOR

I have been a Chiropractor for over five years. Within these five years I have continued my chiropractic development and extensive learning through attending and hosting courses and training seminars. In 2012 I qualified as an IASTM trainer, FAKTR trainer in 2013 and more recently completed my CCEP courses. I am contracted to a Medical Group that is based throughout the London area. I am the chiropractor for the Great Britain softball team, having been the chiropractor, fitness coach and medical officer for rugby clubs in Bath and Bournemouth. I have a particular interest in sports injuries and rehabilitation (strengthening & conditioning), and treat many National and International level athletes.

AREAS OF EXPERTISE

- Diversified Technique
- Sport Therapy Massage
- IASTM Trainer
- Western Acupuncture
- Strength & conditioning
- CCEP Qualified
- FAKTR-PM
- Kinesiology Taping

PROFESSIONAL EXPERIENCE AND SIGNIFICANT ACHIEVEMENTS

CHIROPRACTOR / IASTM Trainer - London

NOV2010 -

[LeskupuClinic](http://www.leskupu.com)

- Started a Chiropractic clinic to provide individuals and companies in-house treatments on a consultative basis (www.leskupu.com)
- Contract to Roodlane Medical Group Ltd on a weekly basis to provide Chiropractic treatments to their patients at all four medical locations in London
- Provide sports specific programs and treatment to members of the GB slowpitch softball team
- Provide sports specific programs and treatment and coaching to members of the Advertising All Stars slowpitch softball team
- Effectively communicate diagnostic test results to all GP's
- Diagnose and propose treatment plans in a manner easily understood by my clients and their trainers if needs be
- Give advice on general health matters in nutrition and weight management
- Organize and maintain core strengthening programs for clients
- Devise offers to new patients for introductory consultation and treatment
- Create a website to promote my services, giving live information through my blog, ensuring ease of viewing to prospective clients to understand their ailments and how Chiropractic treatments work and its success within the Occupational Health circle
- IASTM Trainer with IAM Tools. (www.iamtools.co.uk) and FAKTR trainer (www.faktr.com)
- Provide chiropractic treatments to the actors and employees at The National Theatre, London

PROFESSIONAL EXPERIENCE AND ACHIEVEMENTS (CONTINUED)

ASSOCIATE CHIROPRACTOR

SEPT2009 - NOV2010

[TheChiroClinic](#)

- Responsible for diagnosis, treatment, and prevention of mechanical disorders of the musculoskeletal system
- Sourced new and developing existing client accounts.
- Created a new strategy that offers new patients discounted prices for introductory consultation and treatment
- Conducted specialized work such as sports chiropractic
- Effectively communicate diagnostic test results, diagnose and propose treatment in a manner easily understood by their clients
- Give advice on general health matters as nutrition
- Provided sports specific programs to clients
- Organized and Maintained core programs for clients with chronic lower back pain

PROJECT MANAGER

Dec 03 - Aug 05

[BrettGibbensBuildingandLandscapingLtd](#)

- Estimated project costs, performed take-offs and developed project proposals working directly with the clients
- Supervised general labor, carpentry and electricians
- Managed daily project completion and trades coordination
- Annually, managed construction of residential and commercial building projects of value £6 million.

SUPPORT TRADER

Aug03 - Apr04

[EtradeUK](#)

- Supported and managed 11 floor traders
- Ensured fast and effective turnaround closure of deals
- Headed the liaising between Etrade and all International Banks
- Provided written monthly reports to the Director of the trading floor

SETTLEMENTS OFFICER

Jul 99 - Aug 03

[BarclaysCapital](#)

- Wrote settlement procedures for prime fixed income traders
- Responsible over the four years for each regions transactions within Australasia, America and Europe
- Liaised between head counterparts of the International Investment banks and Houses Worldwide
- Turnover was \$600million per day

SENIOR PERSONAL TRAINER / INSTRUCTOR

Jan 95 - Jul 99

[CircleHealthClub](#)

- Assistant Manager to the Club
 - Devised specific programs for each client
 - Project led and implemented the adventure training programs for the charity, Training for Adventure
 - Set up and provided weight loss programs
 - Hired all personal trainers for the Club and provided monthly reviews to each employee
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SPORTS PROFILE

Having been the chiropractor, fitness coach and medical officer for rugby clubs in Bath and Bournemouth, I am currently the chiropractor for the Great Britain Slowpitch softball team. I also have a BSc(Hons) in Sports Science and Business Studies from Brunel University in 1993.

Having a particular interest in sports injuries and rehabilitation (strengthening & conditioning), I have been privileged to treat many National and International level athletes. I am a keen sportsman, currently in training to represent Great Britain for the thirteenth time, at the 2013 European Softball Championships and this will be my fifth year as their Medical Officer.

CURRENTLY SPONSORED BY:

MAXIMUSCLE – UK Sports Nutrition Brand

Charles Porter O2 – UK's leading Mobile Provider

POSITION - LEFT FIELD/CENTRE

TeamGBSlowpitch

- Player for the past 14 years
- Winner of 7 gold medals, having successfully retained the European Championships seven times in a row
- Winner of the Best Batter award in 2000, 2002, & 2010
- Male MVP for the tournament in 2006 and 2008
- Medical Officer for Team GB softball since 2008

PLAYER EXPERIENCE - SLOWPITCH

2000 - present

- Team GB National Team and Team Europe (mens)
- London Chromies – Best Batter of the European Slowpitch Softball Cup: Czech Republic 2012
- London Chromies – winners of the European Slowpitch Softball Cup: Slovenia 2010
- Mid week sides: Manchester Dodgers, Homer Simpsons and Secret Agents
- Mixed Tournament sides: BT, H2O, Slammers, Sting Rays, Pioneers and Secret Agents
- Nation Championships with Pioneers, Sting Rays and Slammers
- Men's Tournament sides: Zoo Crew, Hoggies and Leytonstone Testosterone
- Ruislip Air Base League: Maple Leafs

HEAD COACH OF OLD SULIANS RFC, BATH

2004 - 2006/7

- Took the team from Somerset Division 2 to Somerset Premiership in three seasons
- Acted as Medical Officer for the team as well as fitness coach
- Project led and implemented training programs
- Set up and provided strength enhancement programs with dietary supplement advice

CHIROPRACTOR TO BOURNEMOUTH RFC

2008- 2009

- Ongoing treatments to players
 - Functional rehabilitation and FAKTR-PM
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SPORTING ACHEIVEMENTS

- Player with London Irish RFC 1995/96 – retired due to injury
- 2 Caps for Malawi RFU (C.Africa) against Botswana – MAN OF THE MATCH - 1991
- Cable Water Ski Instructor at Princes Water-ski Club – instructing up to 250 people a day
- Sussex County Cricketer U15,U16 and U18's
- Athletics National AAA Champion – Long Jump 1985
- Athletics County AAA Champion – Long Jump 1985 and 1987
- Athletics County AAA Champion – Triple Jump 1987

CERTIFIED CHIROPRACTIC EXTREMITY PRACTITIONERS PROGRAMME

TMJ, Ribs & Shoulder Girdle	Advanced Principles of Upper Extremity
Advanced Principles in Soft Tissue	Rehabilitation of the Extremities
Advanced Principles of Lower Extremity	Foot, Gait & Orthotics
Global Assessment of the Extremities	

EDUCATION

AECC	MChiro	2005-2009
Brunel University	Sport Science and Business Studies BSc(Hons)	1991-1994
HurstpierPoint School	O level, GCSE's & ALevels	1985-1990

REFERENCES

Mrs Zoe Llewellyn

Email: Zoe@connectleap.com

Brigadier J.P.S. Donnelly CBE

Email: DJEP-MilLiaisonHd@mod.uk

If you require further information or more references please do not hesitate to contact me
